

This short book is long on wisdom. Highly recommended.

DEAN ORNISH, MD

Founder & President, Preventive Medicine Research Institute, Clinical Professor of Medicine, University of California, and author of “UnDo It”

“Your Conscience” is a gift for humanity.

It is full of the practical wisdom we all need in order to accomplish what our Creator put us here to accomplish.

BERNIE SIEGEL, MD

Mind/Body Medicine Pioneer

and author of “Love, Medicine & Miracles” and “The Art of Healing”

An accessible little pocket guide to accessing the clarity and wisdom of our own hearts when navigating the 10,000 joys and sorrows of this life!

TARA BRACH

Author of “Radical Acceptance” and “Radical Compassion”

This book is the most relevant piece of writing I’ve found to deal with the current crisis we are facing, a crisis of magnitude unknown in human history. Ram Lev has offered us a simple do-it-yourself toolkit for elevating our consciousness and providing answers.

If you’re wondering where humanity is heading, this book is for you.

If you want to know yourself, this book is for you.

If you’re looking for eternal bliss, this book is definitely for you!

MAHIEMA ANAND

Documentary film maker/storyteller/producer and host of “Shifting Tides”

Leonard Perlmutter has hit the sweet spot in “Your Conscience.” At the intersection of science and spirituality, this book is a pragmatic roadmap for translating and applying ancient wisdom in the many challenges of modern life. Leonard reminds us of our true power and indestructible core. “Your Conscience” provides the key to unlocking the wisdom of the universe embodied in each of us. This is a book that could not have come at a better time!

MARK PETTUS, MD FACP

Director Population Health & Community Care, Berkshire Health Systems Associate Professor of Medicine, University of Massachusetts Medical School

This book is a practical guide to opening your own inner treasure of endless, boundless wisdom, clarity, and compassion.

VASANT LAD, AYURVEDIC PHYSICIAN BAM&S, MASc,

Author of “Ayurveda: Science of Self-Healing”

and the “Textbook of Ayurveda” series