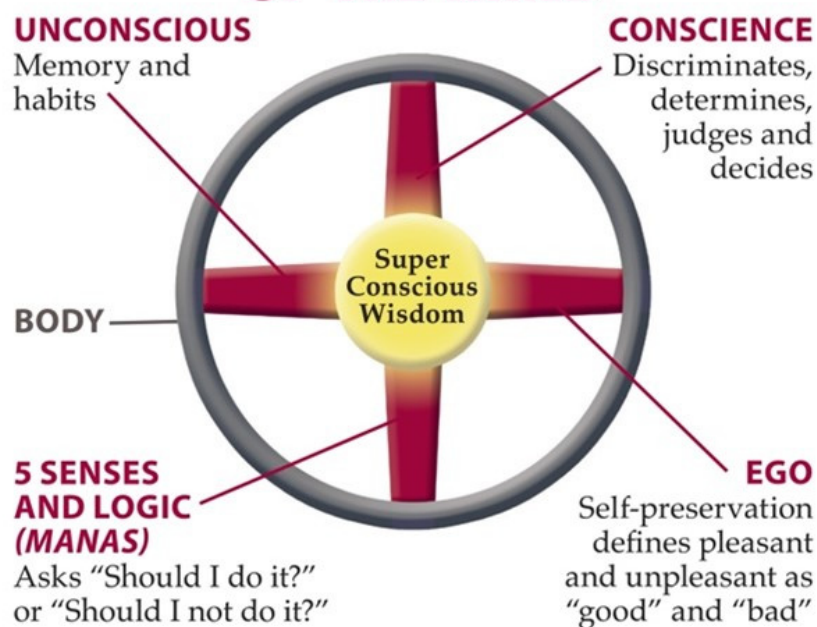


# THE FOUR FUNCTIONS OF THE MIND



The body, represented as a wheel, is powered by the **FOUR FUNCTIONS OF THE MIND** and guided by **YOUR SUPER CONSCIOUS WISDOM**.

To explain the workings of the human mind, Yoga Science presents a simple, conceptual diagram: a wheel with four spokes that turn it. The rim of the wheel represents the body, and its hub is the Divine Super Conscious Wisdom that is our deepest nature. The four spokes represent the Four Functions of the Mind: **Senses and Logic** (Manas), **Ego** (self-preservation), **Unconscious** (habits and memories), and **Conscience** (Buddhi). Ideally, these four functions work together in formulating every decision, large and small; but it is the Conscience that needs to have the last word if we are to live well and generously. In fact, it's the Conscience that makes every decision (the other functions only have an advisory capacity). But when the Senses, Ego, and Unconscious mind are clamoring loudly for attention, the contribution from the Conscience—offered in a steady, quieter voice—may be overlooked or overwhelmed. As a result, decisions may be made on the basis of incomplete or biased information.